**Feedback SimuTutor prompts**

**Description**

**Mini scenario 1:**

Share an example of where you have shown resilience and grit in achieving goals in your life. This is video 1 of 3.

**Description:**

Your example demonstrates that you faced a significant challenge and you worked consistently to overcome it. Overcoming it had positive consequences on your personal or professional growth and/or not overcoming it would have had negative consequences on your personal/professional growth. You described the setbacks you faced and the different tactics you used to overcome those setbacks. You described how you incorporated habits to help you achieve your goal rather than just relying on willpower.

**Mini scenario 2:**

Tell us about an ambitious aspiration that you want to work on in the future. This is video 2 of 3.

**Description:**

You are able to forecast into the future and describe in detail what you want to grow. The scope of your growth area is expansive and ambitious. You include the WHY – eg. the higher order reason why this growth is important to you. You include information about where you might be uncertain and yet you do not use this as an excuse or a “hedge” for not completing your aspiration.

**Mini scenario 3:**

As you reflect on your ambitious aspiration, how might your inner voice, the stories you tell yourself, your network and/or your past experience hold you back? This is video 3 of 3.

**Description:**

You are honest and frank about your inner voice and are able to articulate it without being overly critical or expressing shame or denial. You describe where past failures have impeded your past progress and you are able to describe these with a sense of release and balance. You can identify individuals in your network who risk holding you back. Your stories are not outdated (eg. they don’t describe situations or circumstances that no longer reflect your current reality)